

GO!
Join the Story!

GROUP ACTIVITY

This activity can be used in a small group at church or even with your kids at home!

ABC Balloon Drop

Set up: Blow up a balloon and tie it off. Using a permanent marker, write the letters A, B, and C in large print in random places around the balloon. Write large enough so that the balloon is pretty much filled with the letters. Next, have a Post-it® Note for each kid in the group. Beginning with 1, write a different number on each note. (For example, if there are 12 kids in the group, have 12 Post-it® Notes with one of the numbers 1-12 written on each.)

Say: In today's story, Jesus told Nicodemus that he had to be born again to get to Heaven. Being born again means that we start a new and better life by following Jesus. We're going to play a game right now that will help us think about the ABC's of being born again.

Directions: Place the numbered Post-it® Notes in the middle of the group with the sticky side facing up and the numbers facing down. Tell the kids to choose a note and stick it to their forehead without looking at the number. Next, throw the ABC balloon into the air in the middle of the group and call out a number. The kid with that number on their forehead will have to catch the balloon before it hits the ground. What makes it difficult is that the kids cannot see their own number. The other kids in the group will have to look for who has that number and tell them to catch it. If the balloon hits the ground before being caught, the round is dead. Pick up the balloon and try again with a different number. If the balloon is caught before hitting the ground, tell the kid who caught it to see which letter their right hand is touching (or closest to touching) and ask them the corresponding question below. As rounds progress, you can make it more difficult by calling out age-appropriate math problems. For example, call out $5 + 4$ or $10 - 7 + 3$.

A: The letter "A" stands for admit. To be born again, you have to admit that you've sinned and broken God's rules. Is there one of God's rules that you break more often than others? What is it? (Ex. lying, cheating, gossiping, etc.) What can you do to overcome or avoid that sin?

B: The letter "B" stands for believe. To be born again, you have to believe that Jesus died for your sins. Is it easy or hard for you to believe that Jesus died for you? Why?

C: The letter "C" stands for choose. To be born again, you have to choose to follow Jesus and live your life for Him. Have you ever prayed to Jesus and told Him that you choose to follow Him with your whole heart? If yes, when and how did you do it? What was it like? If no, what stops you from doing it?